

How To Use Prescriber's Choice Actinic Keratosis (AK) Gel

WHAT IS IN THE GEL AND WHAT IS IT USED FOR?

Topical chemotherapy gel is used to treat pre-cancerous and very thin skin cancers in the top layer of the skin. The active ingredient, belongs to a group of anti-cancer medicines.

How It Works

The medicated gel destroys cancerous and pre-cancerous cells, while having little effect on normal cells. It will also treat abnormalities of the skin that were previously not visible to the naked eye. These abnormal cells will likely become extra red and inflamed.

- When you use the AK Gel it is likely that the area of the skin that you are treating will become red and irritated overall. This will probably be followed by inflammation/swelling, possibly some discomfort, skin erosion(s), and eventually, scarless healing.
- Inflammation and irritation are the EXPECTED response(s) to gel treatment and show that the treatment is working.
- Rash may occur in areas other than where cream was directly applied; the gel does diffuse to adjacent areas of application.
- Sometimes the response can be severe; if your skin becomes much worse, you experience pain or flu-like symptoms, or if you are worried, please call the office.
- After stopping treatment, you may find that your skin takes one to two months to heal completely. Sun sensitivity may also persist several weeks beyond the last application of the medicine.

HOW TO APPLY PC AK GEL

- Only use the gel on the skin and avoid contact with the eyes and mouth.
- Use the cream **ONLY ONCE** a day.
- Clean treatment area with lukewarm water. Blot area to dry, with a clean cotton towel.
- Wait 15 minutes. Then apply gel to treatment area, in as thin a layer as possible. Rub cream in until it disappears.
- It is **very** important that you do not use too much gel and do not apply the gel on open cuts.
- Avoid the sun, and wear hats and sunscreen while using the gel as it makes you much more likely to burn/blister.
- Wash your hands thoroughly after each application of the gel.

No-Nos when using AK Gel

- Do NOT get gel too close to the eyes, lips, or any other mucous membrane
- Do NOT apply gel to wounds, cuts, or open skin
- Do NOT continue to apply to skin if skin becomes raw/oozing, or if pain becomes too severe [STOP cream if experiencing greater than 6/10 pain]
- Do NOT apply right before bedtime; nighttime application is recommended after dinner to allow time for absorption
- Do NOT continue to apply if you develop stomach pains/fever/flu like symptoms
- Never treat an area of skin larger than (9x9 inches) at any one time. This area is approximately the size of a dinner plate.

Apply to: _____ once a day for: _____

Examples of normal skin response to AK Gel treatment

Forehead - 10 days of treatment



Scalp - 14 days of treatment



Forehead - 14 days of treatment

