

INFORMATION ON BOTOX COSMETIC

Botox is a purified protein which is injected through the skin to decrease or eliminate facial lines and wrinkles. It works by temporarily relaxing the muscles that cause lines of expression. The main areas of the face which can be treated are the glabellar area between the eyebrows (frown lines), the horizontal lines on the forehead, and the area lateral to the eyes (crow's feet). Other areas which may be treated are lines under the eye and on either side of the nose, lines above the upper lip and the corners of the mouth, and in the upper lip to increase the appearance of fullness in the lip ("lip flip"). Botox may also be used to treat excessive chronic sweating of the armpits, hands, and feet, a condition known as hyperhidrosis. Botox has been used safely for decades for the treatment of various eye muscle conditions.

WHAT TO EXPECT

Photos may be taken prior to treatment. The area to be treated will be cleaned with alcohol and you will be asked to sit up so that your physician can administer the treatment. The Botox injections may pinch and/or sting for a few seconds. You may notice some redness and mild swelling at the sites of the injection which will resolve in a few hours. Any discomfort or swelling that you may experience can usually be reduced by applying ice to the area.

Usually, three to seven days after treatment patients will notice reduced muscle activity in the treated areas. Within several weeks, the wrinkles in the treated areas should appear to soften. The results of a Botox treatment last up to four months. After this time, the muscle activity of the treated areas will gradually return. It is important to note that the effectiveness of the treatment will vary. In rare cases, there will be minimal to no effect at all. Most patients find that the results of Botox last longer after having regular treatments due to a cumulative effect.

PRE-TREATMENT PERIOD

Avoid products containing aspirin or ibuprofen for ten days prior to treatment with Botox in order to minimize any chance of bruising.

POST-TREATMENT PERIOD

After treatment, you must remain upright for four to six hours. Keep your head as erect as possible during this time and avoid bending down. Also, for six hours after treatment do not rub the injections sites, do not exercise, do not wear a hat or headband, and do not wash or style

your hair. In addition, do not fly on an airplane for two days after treatment. Photos will be taken in follow-up to evaluate the effectiveness of the treatment.

POSSIBLE SIDE EFFECTS

- Weakness of affected muscles may be more than desired but is entirely reversible over time.
- Asymmetry or drooping of the eyelids and eyebrows may occur. This side effect is rare and also completely reversible over time.
- Headaches or tightness may follow the treatments but generally are mild and last less than 24 hours.
- Local swelling, redness, and/or bruising may occur.

WHY YOU MAY NOT BE A CANDIDATE FOR BOTOX

Botox may not be administered to patients who are pregnant, nursing, allergic to albumin (eggs), taking certain antibiotics, affected by any neuromuscular or collagen vascular disease, or that have had any recent eye surgery. In addition, if you have previously received Botox and have had difficulties following the injection you should notify your physician.

BOTOX COST & DOSING

- \$18.00 per unit

Usually treating the glabellar area requires 20 to 25 units, the crow's feet 18 to 30 units, and the forehead 20 to 30 units, but the total amount of units required for optimal treatment outcomes will be determined by you and your physician. At your follow-up appointment 10 to 14 days after your Botox treatment a touch-up may be necessary and you will be charged based on the number of units of Botox needed.